

## THE PATHFINDER FACILITATION STORYBOARD

A few things that a Pathfinder always remembers.

Pathfinders are not concerned with whether the story is **the** 'truth'.

Pathfinders always respect that someone's opinion or story is **their** 'truth'.

Pathfinders are curious about the **consequences** of the story.

Pathfinders pay little attention to the **content** of the story.

Pathfinders pay absolute attention to **how the story is being told**.

Every story is about the past, the present or the future.

Every story contains a certain energy - positive, negative, energising, draining.

Pathfinders notice where the story comes from and what energy it contains.

Pathfinders reveal a story for what it is - just a story but a story that is self-fulfilling.

What is the story?

How does it make you feel?

What will you do if you continue to feel this way?

What will you get if you continue to do the same?

What is the most empowering and liberating story being told?

What is the most limiting and debilitating story being told?

What story must we craft in place of the old one?

What positive experiences or memories can I / we draw on?



Past

What resources do I / we already have?



Present

What do I / we want?



Future

What negative experiences or memories could still be having an influence?



What's stopping me / us?



What am I / are we worried or anxious about?



What stories are causing me/us problems?

What stories can I/we craft in place of the old?

What actions am I/we committed to?

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